

THE PATH OF IFOGA

RESEARCH AIMS AND OBJECTIVE

- **explore conceptual considerations and practical application of Ifoga's principles, practice and processes to inform recovery intervention from alcohol and drugs misuse amongst Samoan and Pacific communities.**
-



IFOGA

- Public Apology
- Offender Aiga to Victim/Victim's Family
- Led by Ali'i (High Chief)
- Begins around Dawn
- Covered by Ietoga
- No assurance of acceptance





THEMES OF IFOGA

Formal Apology

- **Address violation of Va**
- **Forgiveness**
- **Reconciliation**

Aiga

- **Process of Reconciliation**
- **Community**
- **Strong influence from both aiga**
- **Samoa and overseas**



THEMES OF IFOGA

Faith and Religious Beliefs

- **Strong foundation of values**
- **Acceptance**
- **Based on Christian values**

Samoaan Culture

- **The Matai System**
- **E fofo ele alamea le alamea (The solution lies within our community)**

SOCIAL INCLUSION: TAKES A VILLAGE TO RAISE A CHILD

FAMILY

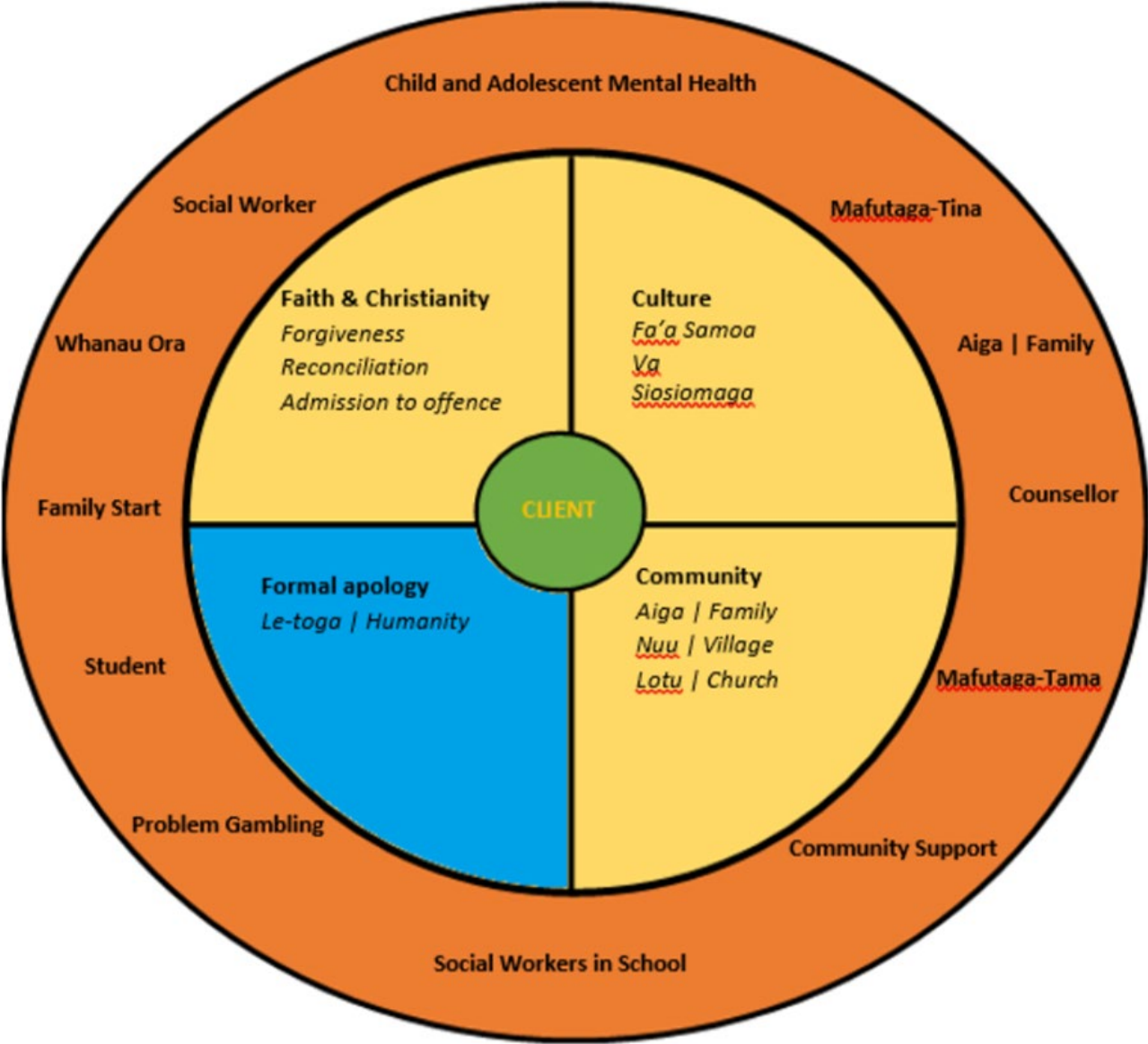
COMMUNITIES

COLLECTIVENESS

EACH MEMBERS HAS A ROLE



**LOLE O LE OLA: Ifoga-based Recovery
Intervention Framework**



A red beaded necklace, likely a traditional Maori hei-tiki, is displayed on a woven mat. The necklace is made of numerous small, red, teardrop-shaped beads strung together.

HEALING
JOURNEY

MINIMISATION
OF GAMBLING
HARM:

CULTURAL
SAFETY AND
CULTURAL
COMPETENCY.

**FROM THE BEGINING OF NEGOTIATION/TALANOAGA
TO THE ACCEPTANCE OF IFOGA**

REDUCES ANXIETY & STRESS

BUILDING & MENDING RELATIONSHIPS

CREATING RELATIONSHIPS NEW COMMUNITIES

SHARING-RECIPROCITY

**STRENGTHENING CHRISTIAN
BEFIEFS/RESPECT/HARMONIOUS**

RESILIENCE

**THE PATH OF IFOGA HAS THE POTENTIAL TO CHANGE
OUR STORY**





REFERENCES

Gibb ,T., Suaali'i-Sauni, T., Lui ,D., McNicholas, T., Milne, M., Puluotu-Endemann (2007). Seitapu Pacific Mental Health and Addiction Cultural & Clinical Competencies Framework. 'K Te Pou O Te Whakaaro Nui Published in July 2007 . The National Centre of Mental Health. Research and Workforce Development PO Box 108-244, Symonds Street, Auckland, New Zealand

Huakau, J., Asiasiga, L., Ford, M., Pledge, M., Casswell, S., Suaalii-Sauni, T., Lima ., I. (2005). *New Zealand_Pacific peoples' drinking style: Too much or nothing at all*. Retrieve from <https://www.researchgate.net/publication/7803837>

Johnston, T. (2014, August 26). Alcohol Policy Hearings see views voiced, *Kapi Mana News*. Porirua

Lavatai, S. I. (2017) *The Ifoga Ritual in Samoa in Anthropological and in Biblical Perspectives*, Missionshilfe Verlag, Hamburg. Germany.

Macpherson, C. ., Macpherson L. (2005). *The Ifoga: The Exchange Value Of Social Honour In Samoa*. Massey University at Albany Retrieve from <https://search.informit.com.au/documentSummary;dn=23844554040435>

Mataia, T. (2012). *Freedom through forgiveness. "Ifoga . Seeking Forgiveness: The Promise Keepers*: Retrieve form <https://www.promisekeepers.org.nz>

Poasa, A. (2020) *The Path of Ifoga*, Wellington Institute of Technology.Wellington

Tuala -Warren, L. (2002). *A study on Ifoga,Samoa's answer to Dispute Healing*. Te Matahauariki Institute *Occasional Paper Series*, Published by Te Matahauariki Institute The University of Waikato Hamilton, New Zealand

Tamasese, K., Waldegrave. C., Peteru. C. (1997). *Ole taeao afua: The new morning: A qualitative investigation into Samoan perspectives on mental health hand culturally appropriate services*. Wellington, New Zealand: The Family Centre, Lower Hutt.