

The relations between gambling harms, mental health and risky alcohol consumption over time, the Swedish case

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Mental distress 24 %

24 000 personer = 0,3 %

Hazardous alcohol-cosumption

10 %

Moderate risk/ Gambling problems

2 %



Mental distress

54,000

24,000

Hazardous alcohol-cosumption

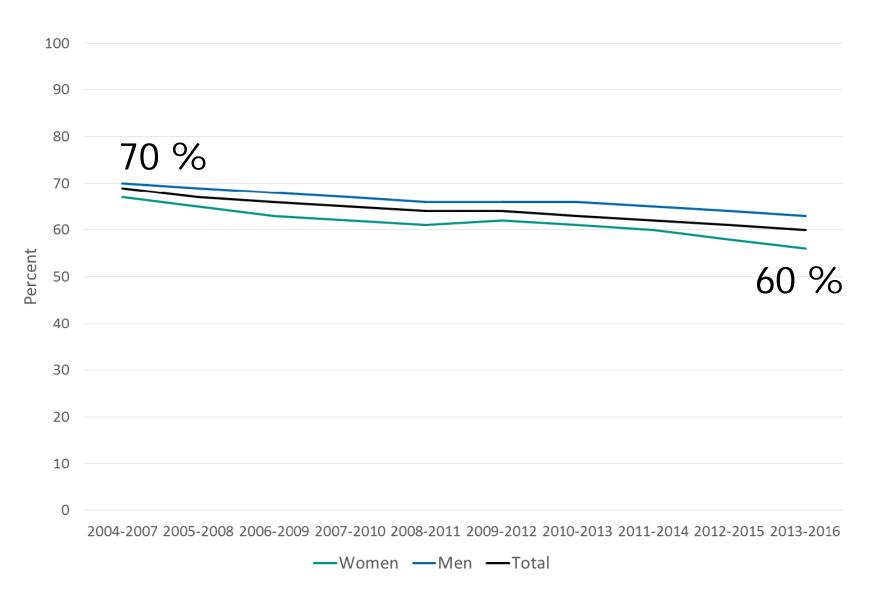
8,000

Moderate risk/ Gambling problems

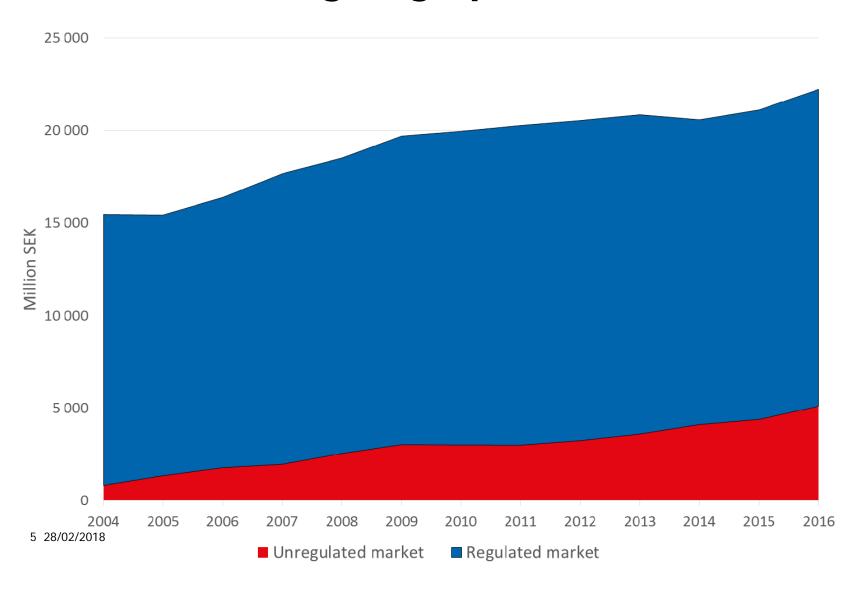
38,500



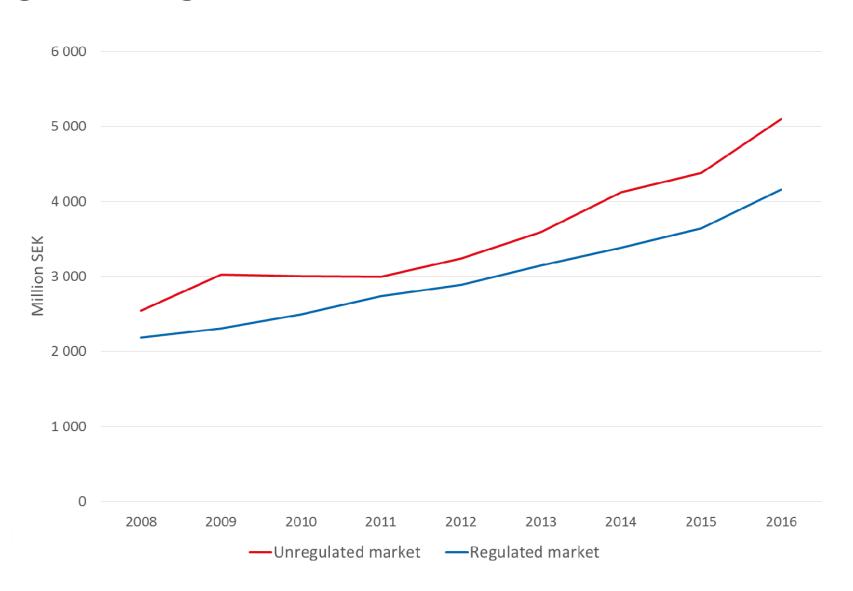
Gambling participation is going down in Sweden



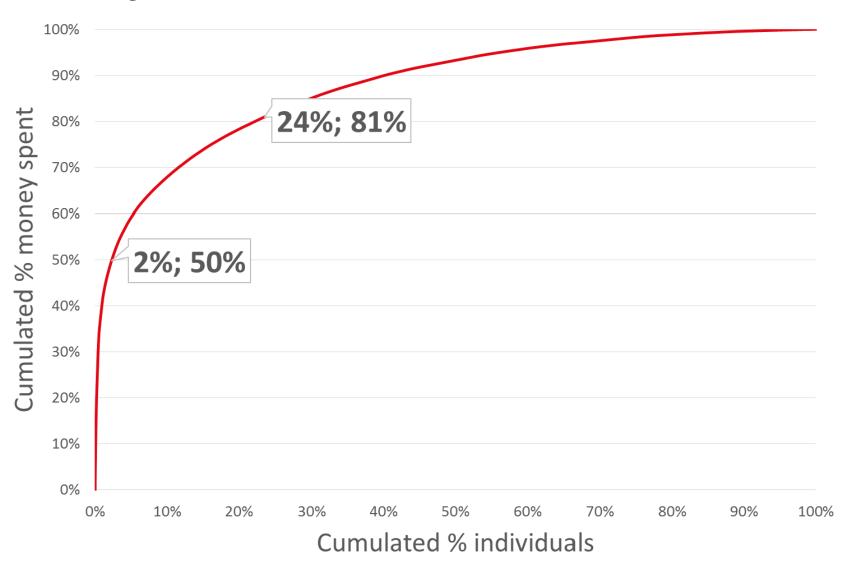
Net Revenue is going up



...and in particular the online gambling



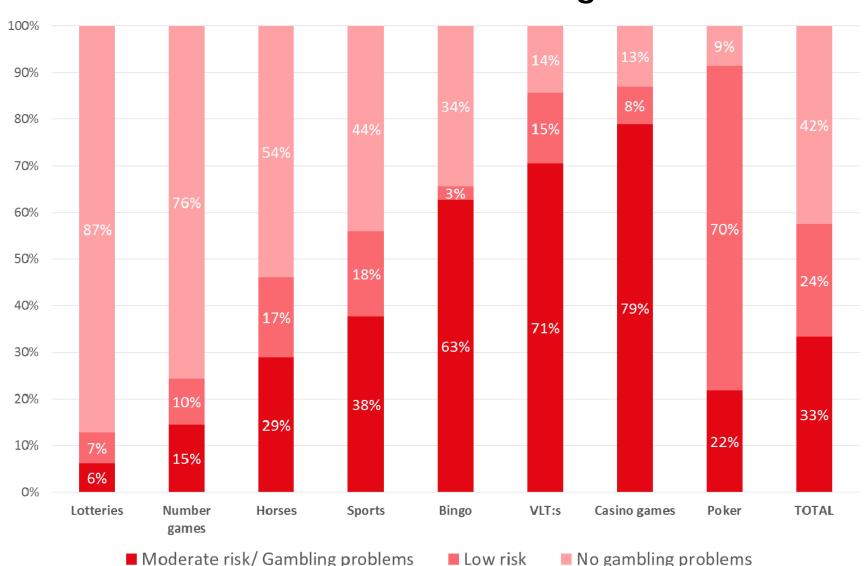
A minority of the gamblers spends the major sum of the total revenue



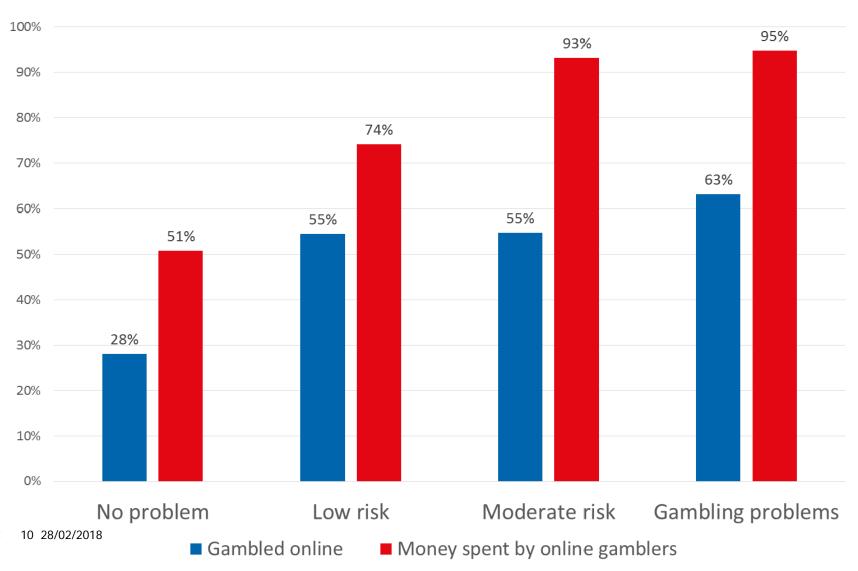
The combined group moderate risk- and gambling problem-gamblers spend 1/3 of the total sum spent on gambling.



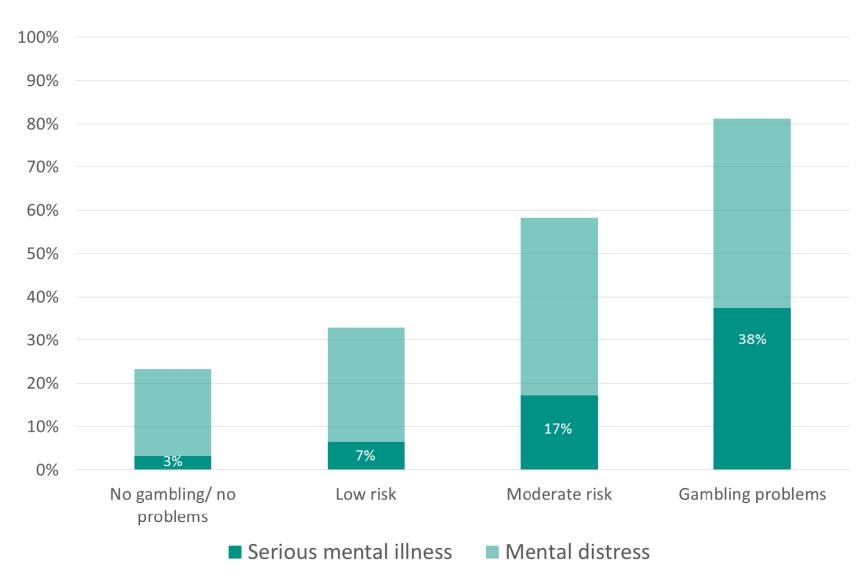
Moderate risk/gambling problem gamblers stake 75% of the total revenue on casino games



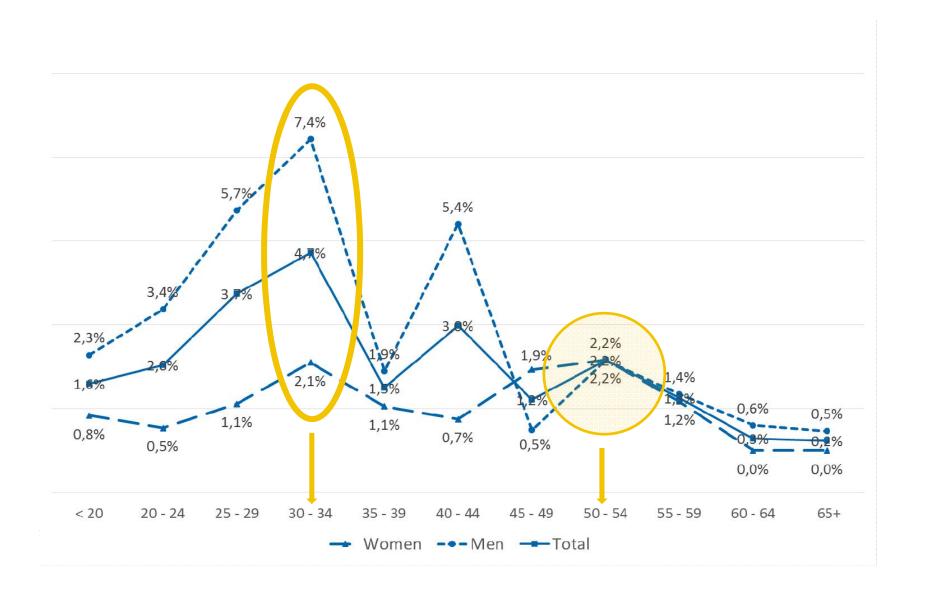
Online gamblers spend more money than landline only gamblers



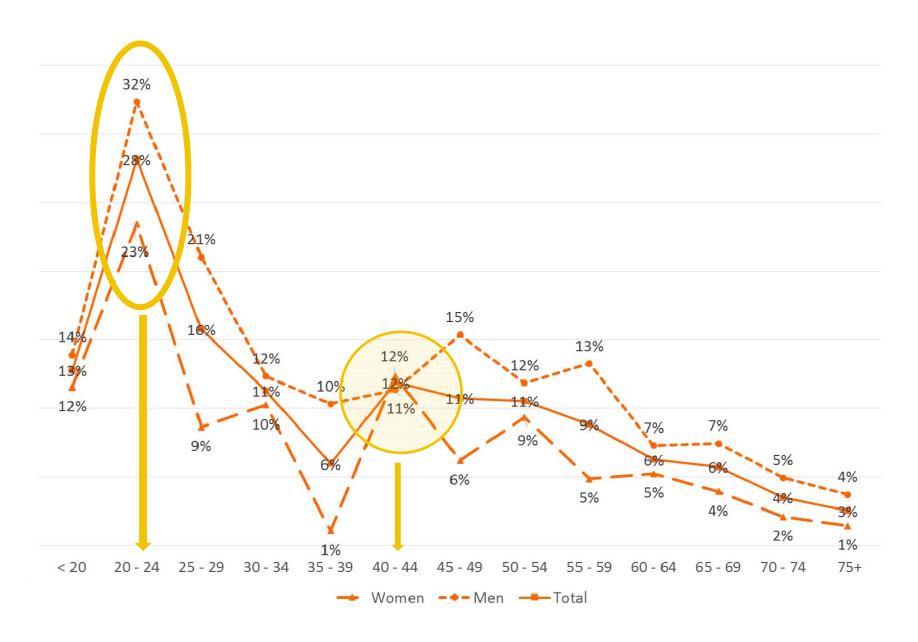
Mental illness depends on gambling problems?



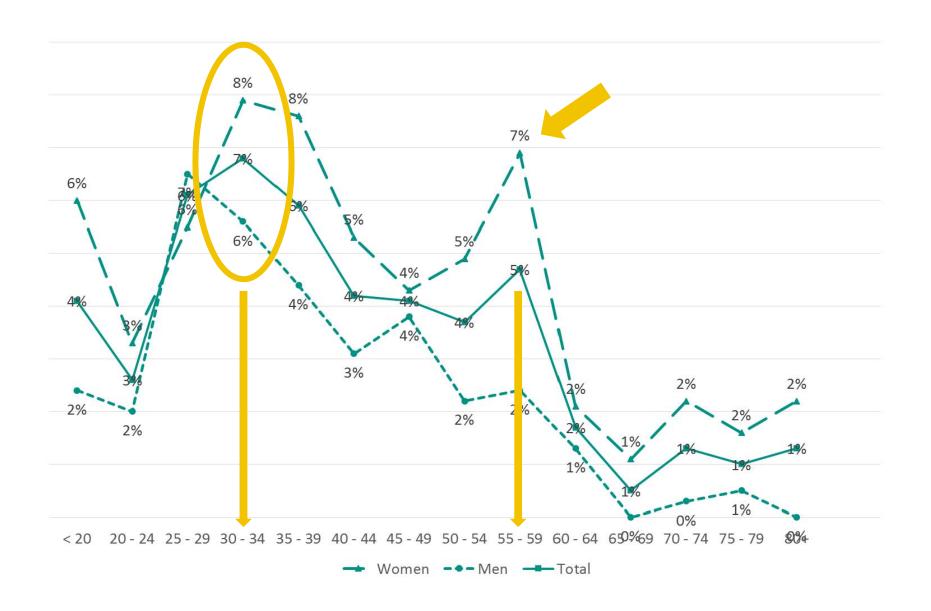
Moderate risk/Gambling problems

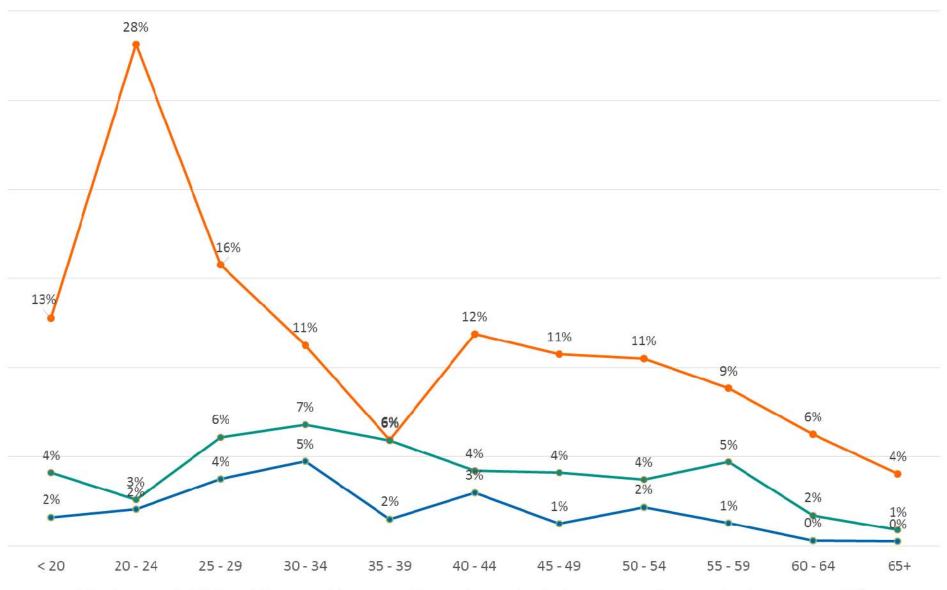


Hazardous alcohol consumption



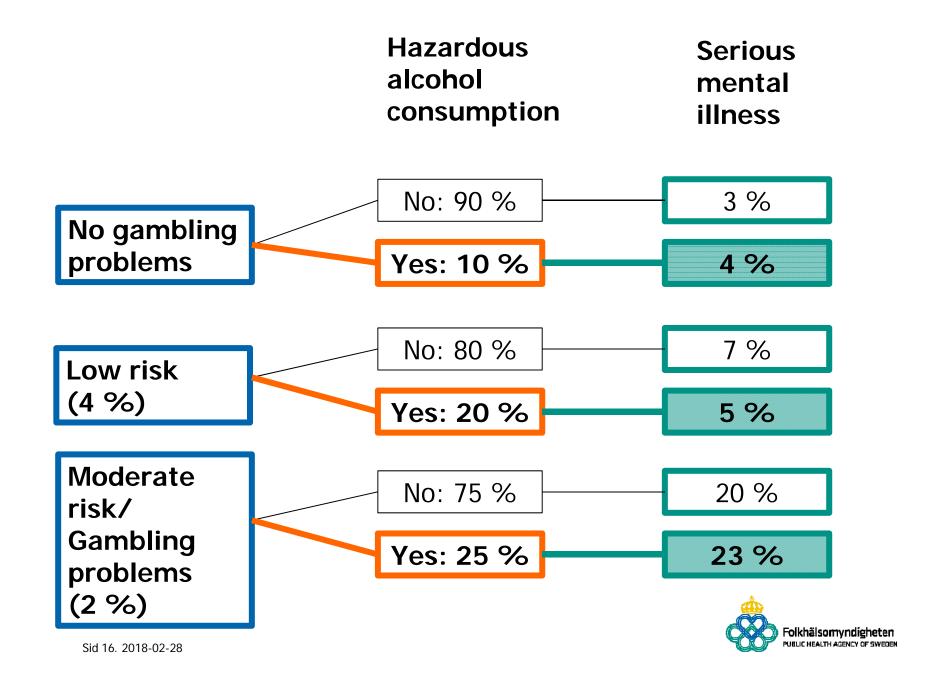
Serious mental illness

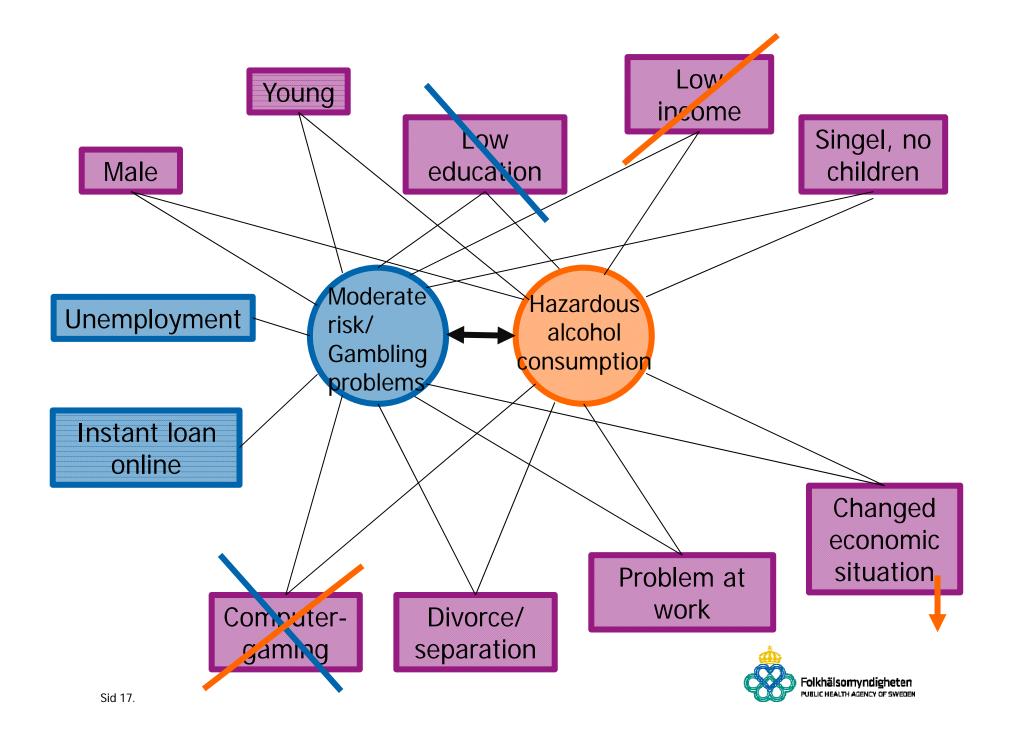


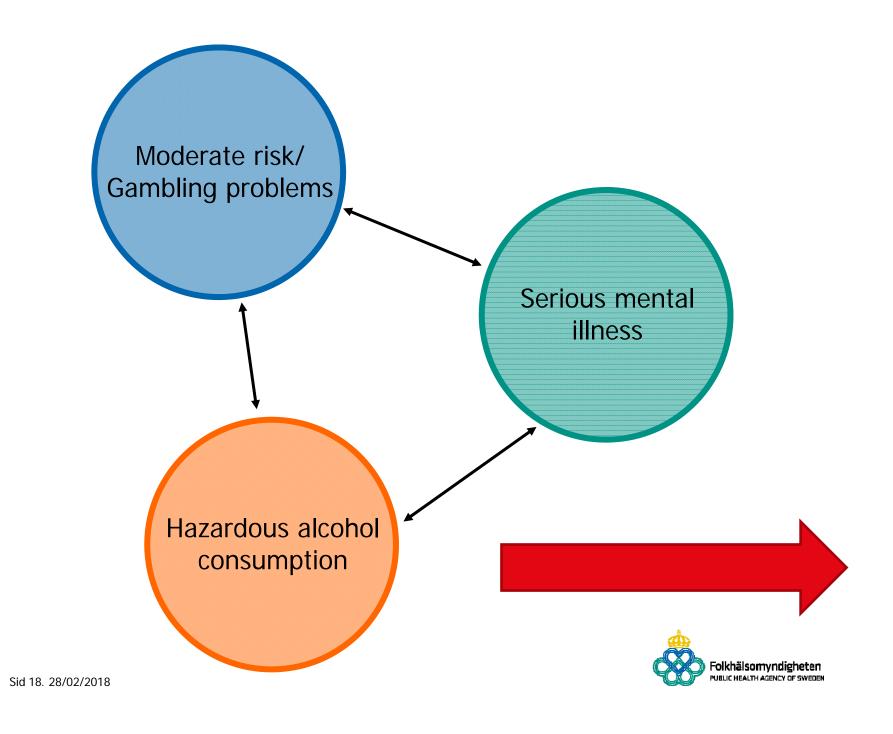


→ Moderate risk/ Gambling problems → Hazardous alcohol consumption → Serious mental illness









Life events of importance for gambling problems

- The death of someone close (OR 1.8)
- Divorce/Separation (OR 2.6)
- Marriage/New relation (OR 1.8)
- Retired (OR 3.9)
- Increased number of arguments (2.2)

Adjusted for Age, Gender, Education and Income





Mental distress

