

Mapu Maia

How cultural engagement is critical when working with Pacific and Maori men at Serco Men's Prison as a way to address harmful gambling and AOD.



Outline

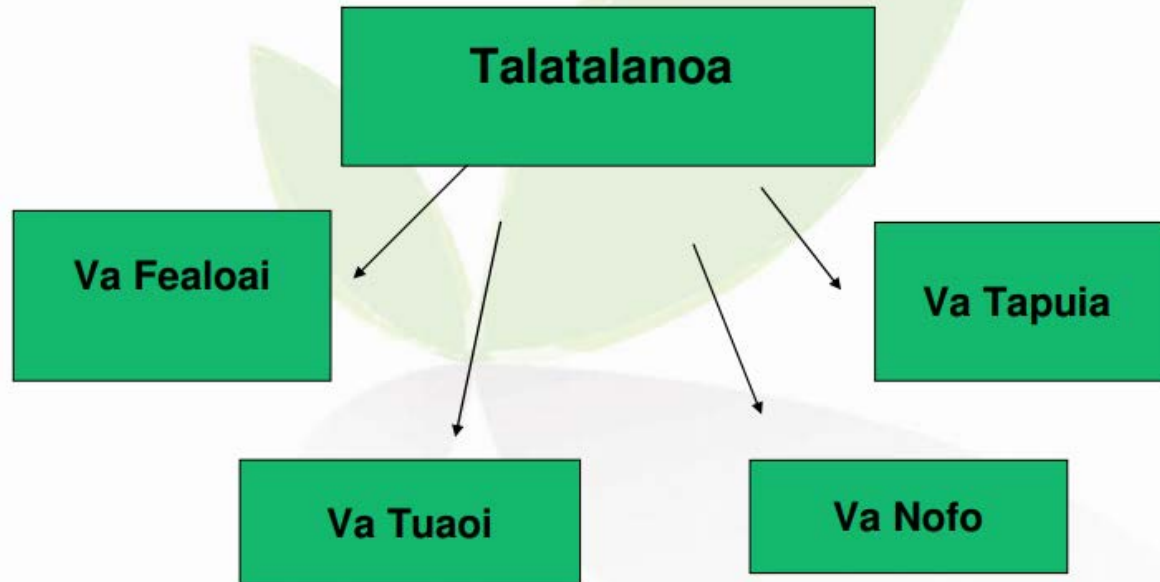
- Who we are
- Va Tagata
- Talatala'ifale Programme
- Outcomes

Who are we

- Mapu Maia are a free and confidential service for Pacific peoples in New Zealand who experience gambling harm.
- We provide culturally-appropriate support for both gamblers and affected others.
- We are based in Auckland, Wellington, Lower Hutt, Porirua and Christchurch.

What do we mean by culturally-appropriate?

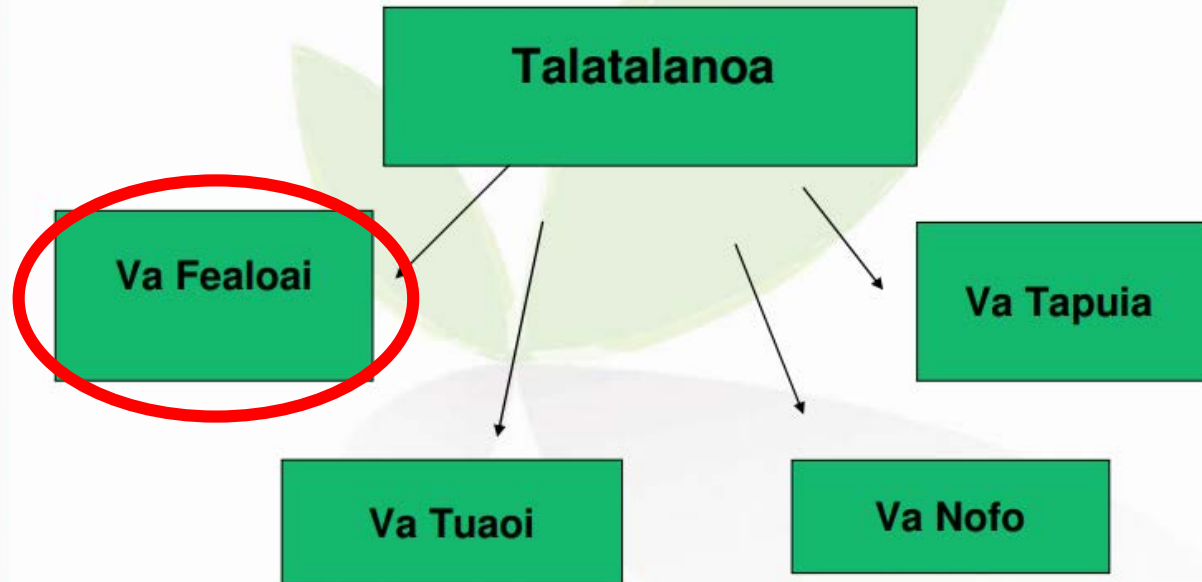
The Tagata Model



- Privileges the importance of developing and maintaining relationships in the Pacific context
- Focuses on the engagement process in the context of Pacific culture
- Incorporates both Pacific public health and clinical practice in all aspects of service delivery

What do we mean by culturally-appropriate?

The Tagata Model

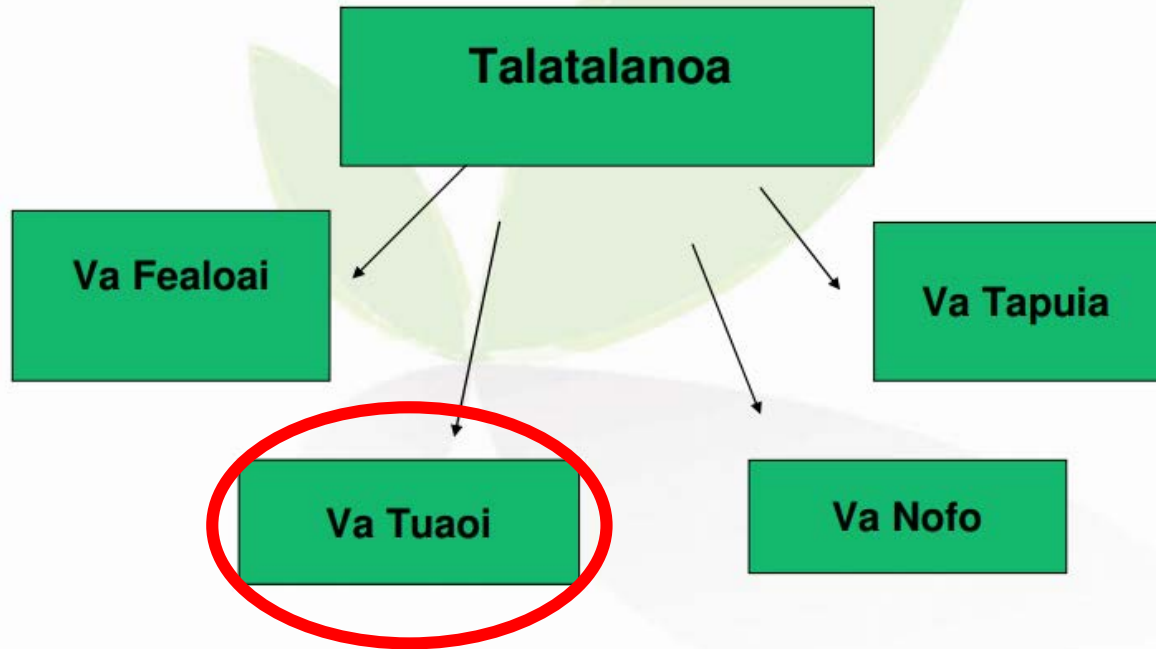


Va Fealoa'i



What do we mean by culturally-appropriate?

The Tagata Model

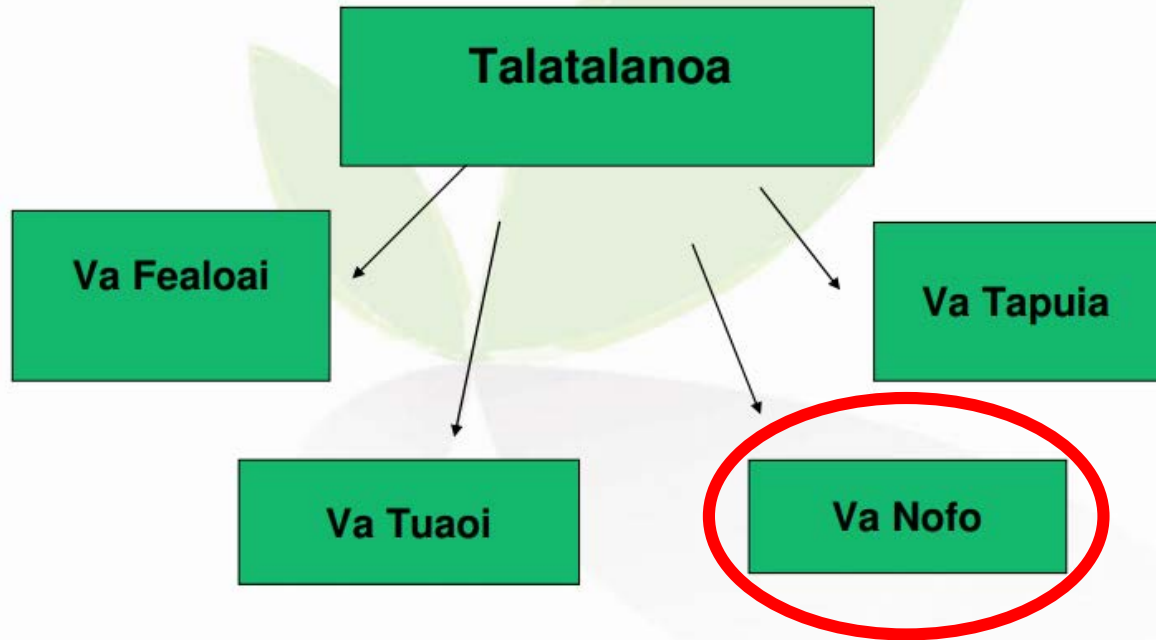


Va Tuaoi



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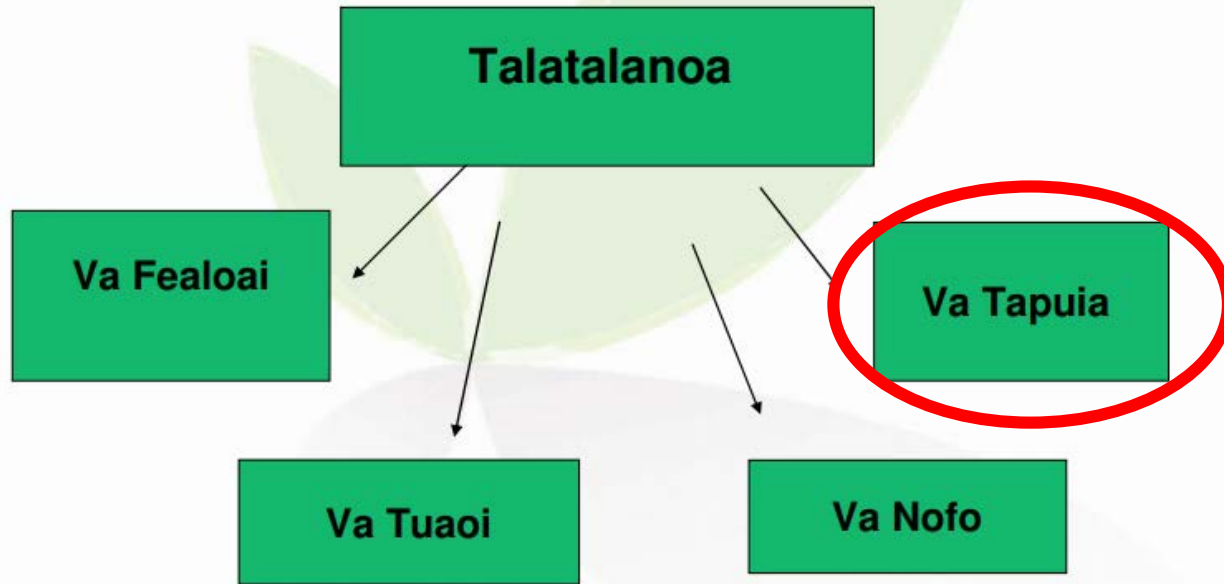
Va Nofo



Mapu Maia
Providing Help, Enriching Lives.

What do we mean by culturally-appropriate?

The Tagata Model



Va Tapuia



Talatala'ifale Programme – Pasifika and Maori Addiction and Wellness

- 10 week course
- 2 ½ hour group each week
- Four levels of **talanoa**
 - Casual
 - Informative
 - Emotional
 - Intimate

Talatala'ifale Programme

- Pacific approach – sharing own personal talanoa to establish va - how this approach is unique.

- Example:

"Who do you bring with you?"
Re-memembering you, the Pacific person, are not alone.

What separates our programme from everyone else

- Facilitators are the fale
- Holistic approach
- Incorporates the concept of Va
- Values



Outcomes

Positive

- High retention
- Change of attitudes
- Sense of belonging – remembering
- Confidence to talk at four levels
- Involving whanau in graduation

Negative

- Limited resources
- Systematically restrictive to establishing the va.

Testimonials

- Participant A:

"I enjoyed every session in this class. I think I have learned [heaps] about my habits and other ways to deal with it, and understanding others' views and beliefs."

- Participant B:

"I learned quite a bit more about coping strategies, goal setting, positive reinforcers and other means to help me keep moving towards a positive lifestyle."

